

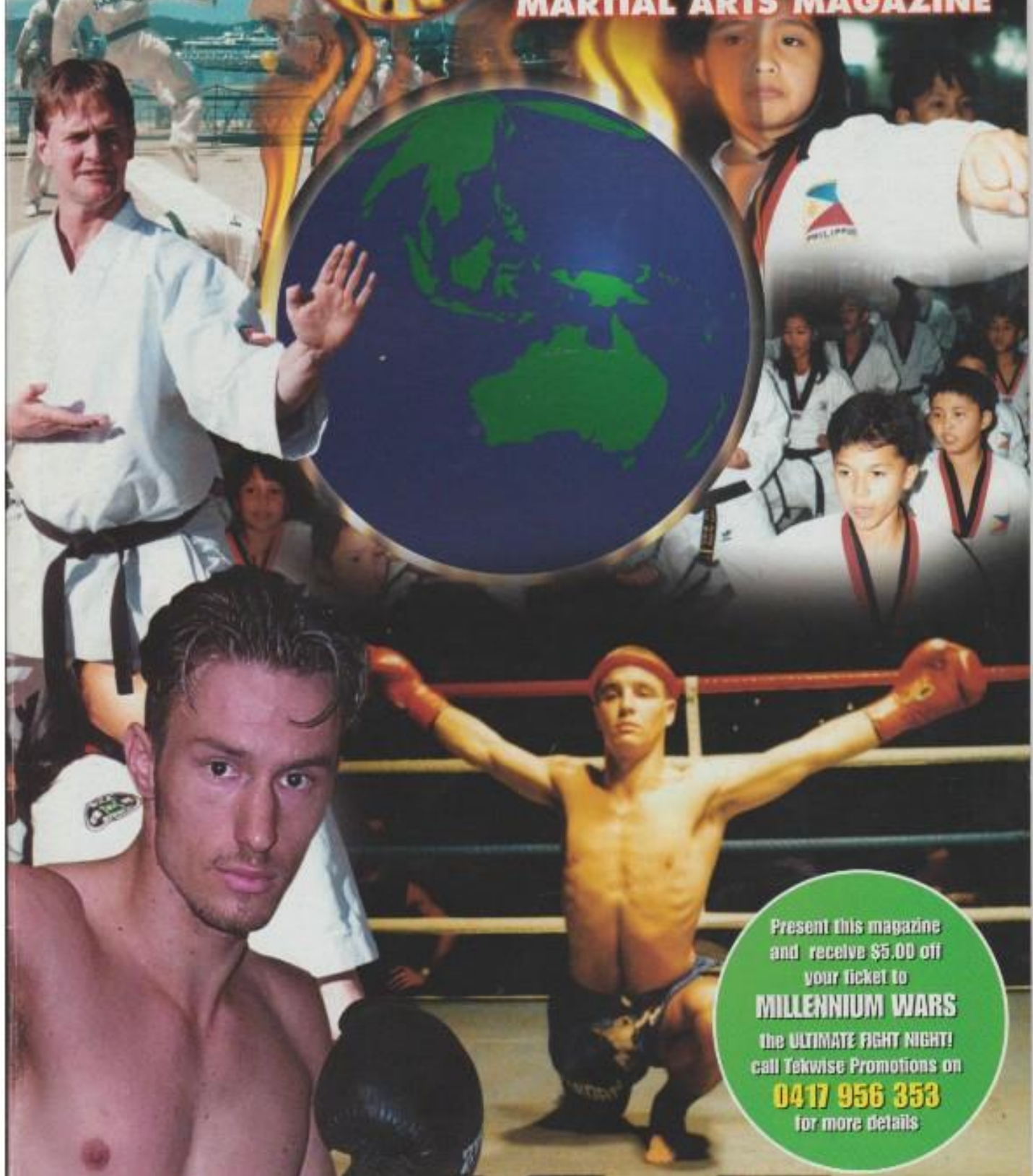
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ABOUT

BILL VAUGHAN

INTERVIEW BY ROY FULLER - Secretary Australian Martial Arts Association.

Kancho Bill Vaughan took up Daito Ryu Aiki bujitsu, at the age of ten towards the end of 1942 when World War II still had more than three years to run. At the same time, encouraged by his father, he took up boxing. He loved it. He still believes it was boxing that gave him his ability with his hands and made his footwork pure reflex.

In our interview he stated: "Although there is a movement against boxing I feel Karate, Kung Fu and Tae Kwon Do practitioners can benefit from taking lessons from boxing or kickboxing instructors".

"At least you will find out what it is like to be hit", he added.

In those days, Bill said boxing was actually encouraged and practiced in a lot of schools. In the gyms it was not unusual to have a real fight at least once a fortnight in front of, as fight fans were called in those days, "The Fancy".

These fights were attended by fight promoters and managers looking for potential professional boxers. Bill estimates he probably had 400 fight as an amateur boxer winning all

but two of them. His amateur career culminated in him winning the all Britain Inter Club Light Weight division in 1947 / 48. He then turned professional.

Bill had thirteen fights as a pro, winning twelve inside the distance and losing the 13th on a disqualification. Regarding the disqualification, he said "I was under a bit of pressure. I thought this guy was going to kill me. So seeing an opening I flattened him with a side kick to the jaw. It worked like a charm but the referee and the officials took a dim view of it. End of boxing career".

Karate competitions did not really get going until the late 1950's. Just about everyone of them was billed as a championship event. "Let me put it like this.

In my competitive days I never lost a bout," said Bill. "Probably the hardest type of competition to fight in, if a no-contact bout can be called a fight, was the ippon or one point events. I was fast with my hands and feet and had good control but those fights aren't for real. I agree with Mas Oyama when he said non contact karate is a game of tag for two".

"The last big event in the United Kingdom that I took part was a tournament billed as a European championship. In 1967, I took out the middleweight title". Bill also told me that he won the Kata event with a Kyokushin Karate Kata called Garyu. "I could leap a bit in those days and my high round house kicks weren't bad either," he added. Not long after

Aikikai dojos

Aikido, way of harmonious energy, is a non competitive, non violent martial art developed in Japan by the late Morihei Ueshiba. Aikido is a spiritual discipline which emphasises softness over strength and unity of body and mind through practice. While standard techniques are practised there are no set forms as change and adaptability are the essence of Aikido. Aikido was brought to Australia 35 years ago by one of Ueshiba's students, Sugano Sensei (teacher). Sugano Sensei teaches Aikido in the Aikikai style which has its base in the founder's world headquarters in Tokyo (Hombu). Aikikai Australia has dojos in all states in Australia.

The Perth Aikikai Aikido Club, 'Aikido WA' has been operating for 20+ years. Members enjoy instruction from several teachers and are able to attend national Aikikai schools held twice yearly. These week long schools are instructed by Sugano Sensei and guest sensei's. The national schools regularly attract 150 or more Aikido students both within Australia and internationally. In addition to receiving excellent instruction students are able to enjoy the companionship and inspiration that comes from being part of the Australian Aikikai community. The national schools are where students are tested for their black belt gradings (dan gradings). Dan gradings are tested by Sugano Sensei. All gradings prior to black belt are tested by senior teachers in local dojos.

The Perth dojo and other Aikikai dojos also hold Aikido weekends with guest teachers at least twice yearly, for students who are unable to make it to a national school. Perth Aikikai trains in three different locations in Perth and welcomes men and women of all ages, beginners and sponsors. Locations and training times are listed below:

SOUTH OF THE RIVER Kenwick Recreation Centre. Cnr Royal and Moore Streets Tuesday 7.30pm - 9.00pm Saturday 8.00am - 9.30am Murdoch University, South Street Murdoch Thursday 7.00pm - 8.30pm

NORTH OF THE RIVER Onslow Park Tennis Club. Onslow Road Sherton Park Monday 7.00pm - 8.30pm Friday 7.00pm - 8.30pm (Aikikai WA also has a club in Broome). If you would like more information please contact Aikido WA Ph: 9497 3317 or Viv and Rowell Ph/Fax, 9339 1880.

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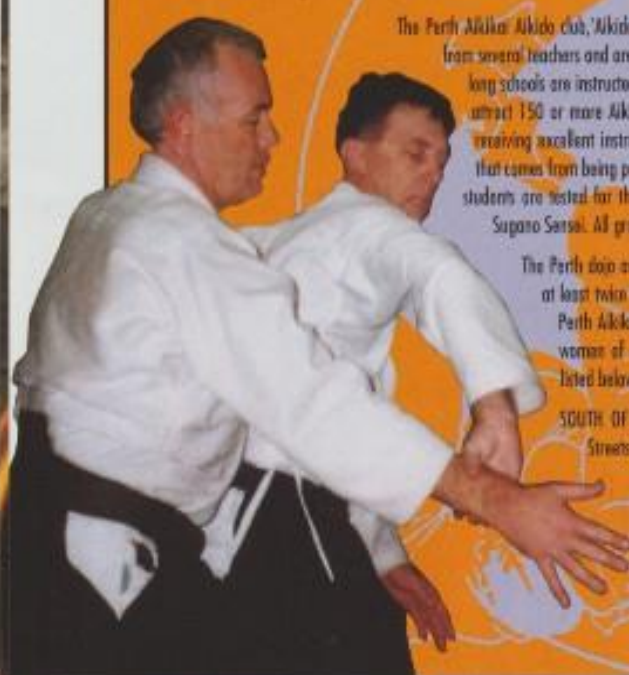
AI HARMONY

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KI ENERGY

道

DO THE WAY



Shi-ho-nage: Shi = four, Ho = direction, Nage = throw (four directional throw)



1. Uke prepares to attack using a Tendo in a side strike to the head or neck. Tori (yourself) stands to the left front facing stance (Yokoi-hisshi).
2. Uke launches his attack. Tori anticipating the attack steps in blocking the left arm with a catching block simultaneously delivering a crushing hammer fist blow to the side of Uke's head, (preferably hitting the side of the left eye). In a real combat situation this could fracture the side of Uke's skull, possibly causing the eye to pop out. Hence the name of this strike: Mawabishi. Literally "smashing the eyes".
3. Shows the next movement swinging Uke's arm up and straddling the vertical axis of the arm. This can clearly be seen in the photograph. Tori steps under Uke's arm. He does not turn. It is just a step through.
4. Shows the start of Uke being thrown. Please note that for practice Uke's arm must be allowed to come out of the vertical locked position otherwise serious injury to Uke's arm and shoulder will occur. Even so it can be seen from the photograph that Uke is being thrown against his locked elbow joint. When practicing this technique slide in deep enough to Uke's body that your shoulder goes under his armpit. This reduces the risk of injury.

that Bill migrated to Australia. In 1969 he entered the "Moss Hollis" Australian Championship and won. He performed in Kata with Shusiko and Kanku - Dai, Tameshiwara (Breaking 100 lbs tiles in under 30 seconds. Later shown on Channel 7) and in a special event - nailing two pieces of wood together by punching nails through them. In the free style sparring he won the black belt and the open divisions. After the event Moss Hollis asked Bill to teach for him.

In 1983, by now much too old for com-

petition fighting (52 years), Bill entered a team in the South Australian Championships at Flinders University with himself as captain.

Much to his surprise and delight they won the title. In that tournament Bill and his team also won the team weapons kata with "Jion".

Since then Bill has won best instructors and best referee trophies several times. He has also won a gold medal for rifle and pistol shooting. "Shooting is surely a type of martial art" says Bill. Master Vaughan has spent 58 years in the martial arts and says he would

"do it all again if I could".

Master Vaughan's principal teachers have been Shihan Jim Hipkiss (Daito Ryu Aiki Bujutsu), Sifu Ah Fat (Chuan Fa Kung Fu), and his favourite Mas Oyama (Kyokushinkai Karate). From training all over the world Bill now lives and teaches Zenbukan Karate (the complete way) in Adelaide, South Australia. For any further information or enquires Bill can be contacted at the **Australian Martial Arts Association at P O Box 350, Ingle Farm, SA 5098**



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